Is your child overweight (obese)?

🗆 Yes

□ No

	During the past week	never	seldom	some- times	often	all the time
1.	my child felt fat and immobile					
2.	my child got out of breath quickly and was puffed out quickly					
3.	my child was sad and depressed because of his/her weight					
4.	my child was annoyed by his/her many attempts at getting thinner					
5.	my child felt ashamed because of his/her weight					
6.	my child was dissatisfied with him/herself because of his/her weight					
7.	I grumbled with my child because of his/her weight					
8.	my child had to keep an eye on his/her weight during meals at home					
9.	my child was teased by others because of his/her weight					
10.	my child was left out by others when they did things together, because of his/her weight					
11.	my child was distracted during lessons by the thought of food					
12.	my child was able to take part in PE lessons well, in spite of his/her weight					
13.	How often during the past week did your child have complaints because of being overweight (obese)?					
	□ never □ seldom □	sometimes		ten	□ all the time	
14.	How severe were his/her complaints because of being overweight during the past week?					
	□ none at all □ somewhat □	moderately		•	□ very severe	
15.	• • •	our child during the past week?			□ very much	
14.	□ never □ seldom □ How severe were his/her complaints bed □ none at all □ somewhat □ severe s How much did being overweight bother y	ause of being overweight during the past week? I moderately				