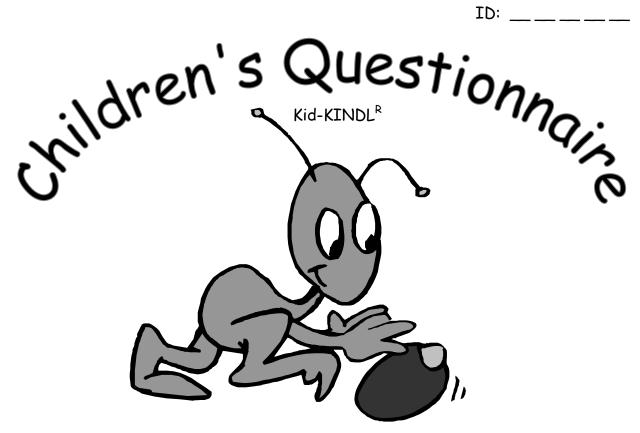
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Hello there!

we would like to know how you have been feeling during the past week, so we have worked out a few questions which we would like you to answer.

- ⇒ Please read each question carefully.
- ⇒ Think about how things have been for you over the past week.
- ⇒ Choose the answer that fits you best in each line and put a cross in the box.

There are no right or wrong answers. It's what you think that matters.

For example:	never	seldom	some- times	often	all the time
During the past week, I liked to listen to music.				X	

Date of fill out:
(day / month / year)

Please tell us something about you. Please put a cross or fill in! I am a □ girl □ boy ____ years old Age: How many siblings do you have? $\square 0 \square 1 \square 2 \square 3 \square 4 \square 5 \square$ more than 5 Which type of school do you go to? 1. First of all, we would like to know something about your physical health... all the some-During the past week... never seldom often times time ... I felt ill 1. 2. ... I had a headache or tummy-ache \Box 3. ... I was tired and worn-out 4. ... I felt strong and full of energy 2. ... then something about how you've been feeling in general... someall the During the past week... never seldom often times time 1. ... I had fun and laughed a lot 2. ... I was bored 3. ... I felt alone 4. ... I was scared 3. ... and how you have been feeling about yourself. all the some-During the past week... never seldom often times time 1. ... I was proud of myself 2. ... I felt on top of the world 3. ... I felt pleased with myself ... I had lots of good ideas 4.

4. The next questions are about your family \dots

	During the past week	never	seldom	some- times	often	all the time
1.	I got on well with my parents					
2.	I felt fine at home					
3.	We quarrelled at home					
4.	My parents stopped me from doing certain things					

5. ... and then about friends.

	During the past week	never	seldom	some- times	often	all the time
1.	I played with friends					
2.	Other kids liked me					
3.	I got along well with my friends					
4.	I felt different from other children					

6. Last of all, we would like to know something about school.

	During the last week in which I was at school	never	seldom	some- times	often	all the time
1.	doing my schoolwork was easy					
2.	I enjoyed my lessons					
3.	I worried about my future					
4.	I worried about bad marks or grades					

Thank you for helping us!

